



PSHE Matters – Long Term Unit Overview – 2-year cycle



Cycle A (2026-2027)

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Being Safe and Responsible	Bullying Matters and Emotions	Relationships and Being Me	Diversity Matters	Being Healthy including Drug Education	Money Matters Enterprise and Transition
Year 1 – Year 6	Being Safe	Bullying Matters	Relationships	Diversity Matters	Drug Education	Money Matters and Transition
EYFS Extra						Parts of the body and privacy
Year 4 Extra						Girls only – introduction to periods
Year 5 Extra						Puberty
Year 6 Extra				Plus: Wellbeing and resilience during SATs		Puberty and conception

Cycle B (2025-2026)

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Being Safe and Responsible	Bullying Matters and Emotions	Relationships and Being Me	Diversity Matters	Being Healthy including Drug Education	Money Matters Enterprise and Transition
Year 1 – Year 6	Being Responsible	Being Me	Being Healthy	Exploring Emotions	Changes	Growing Up (includes Puberty for Years 3-6)
EYFS Extra						Parts of the body and privacy
Year 4 Extra						Girls only – introduction to periods
Year 5 Extra						Puberty
Year 6 extra				Plus: Wellbeing and resilience during SATs		Conception