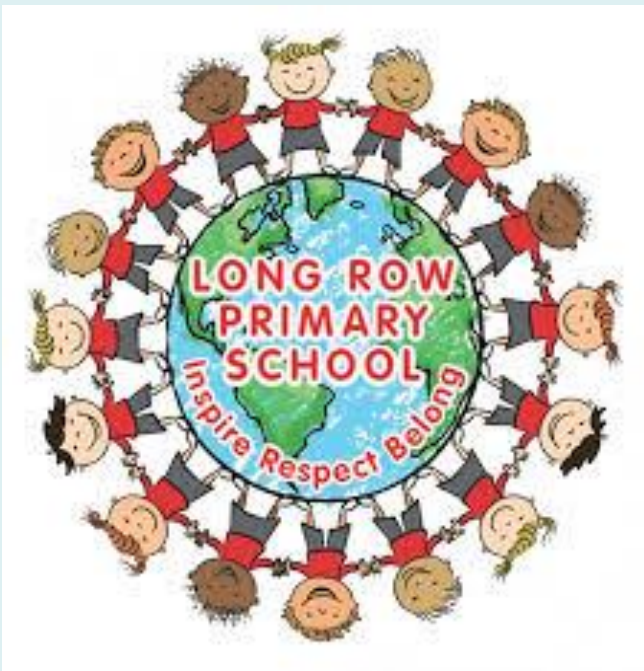


What is RSE?



What do you think Relationship and Sex Education in primary schools is about?

Write your ideas on a Post-It 😊



Long Row Primary

Relationships and Sex Education

Parent Workshop March 2020



Aims of this evening

- Understand what RSE is
- What this looks like at Long Row
- The importance of Parental Engagement
- What is taught when?
- Resources available to parents/carers
- Withdrawal?

What is RSE?



What do *you* think Relationship and Sex Education in primary schools is about?

What is RSE?

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.

***Department for Education
Gov UK***

What is RSE?

These subjects are designed to:

Equip your child with knowledge to make informed decisions about their wellbeing, health and relationships.

Prepare them for a successful adult life.

The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated, so these changes bring the content into the 21st century.

**Department for Education
Gov UK**

What is RSE?

RSE will form
part of the
science
curriculum

RSE teaches
children
about the
emotional
changes

RSE helps
keep children
safe

Timeline

What is taught when?

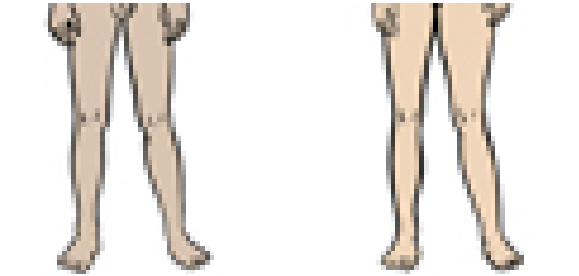
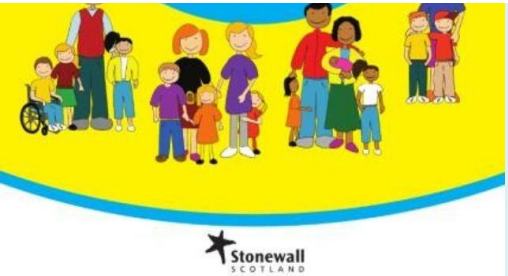
Get the facts
on Relationships
and Sex Education

A graphic featuring a dark purple rectangular box with a white border, set against a background of dark, textured brushstrokes. The text inside the box is white and reads "Get the facts" in a bold, sans-serif font, followed by "on Relationships and Sex Education" in a smaller, regular sans-serif font.

**WHAT
DO YOU
THINK?**

A graphic featuring a light blue speech bubble with a dark blue outline, set against a solid yellow background. The text inside the speech bubble is dark blue and reads "WHAT DO YOU THINK?" in a bold, sans-serif font.

What this means at Long Row...



Relationships Education

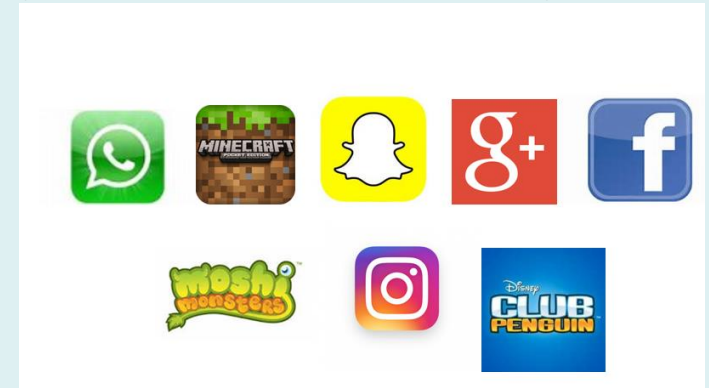
Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.



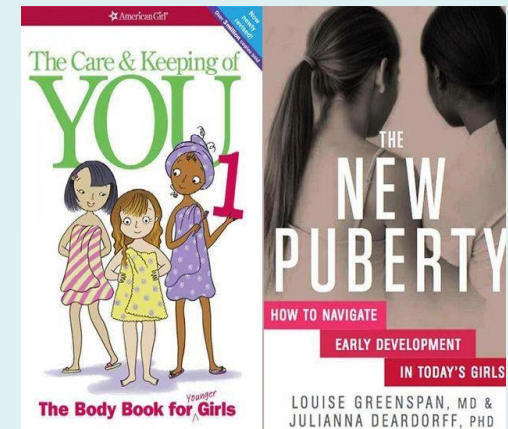
Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible.

By the end of primary school, pupils will have been taught content on:



Drug education
changes
lives



Importance of Parental Engagement

The Department for Education stipulate that Engagement is a positive step

- Everyone involved understands what is being taught, when and how.
 - Develops a shared set of values between parents and schools.
- Dispels myths and creates opportunity to build stronger relationships.
 - Helps parents support what their child is learning in school.

How we support parental engagement

- Policies available online
- Curriculum overview available online
- Objective overviews sent home
- Questionnaires
- Texts / emails
- Books and resources
- Workshops



What happens...?

Which year group asked these questions?



Responses?

Handout of questions and year groups.

Embarrassed

Worried

Judged

Mum and dad finding out

Will we get the answers?

People could work out it's my question

Why don't I know any answers?

Timeline

What is taught when?

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on Relationships
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RSE Curriculum

Key Stage 1 (age 5-7years)

How boys and girls
are different

What
makes a
good friend

The correct
names for
sexual body
parts

Life
cycles

Changes
from
babyhood

That
some
body
parts are
private
and they
have a
right to
say 'no'

How to be
kind to
others

What makes
them
special

Recognising,
naming and
managing
emotions

How to ask for
help if they
have worries or
concerns

How
families are
different

RSE Curriculum

Key Stage 2 (age 7-9 years)

What a baby needs

Managing
conflict in
friendships

Gender and
stereotypes

Feelings
and how to
cope with
them

Who to
talk to if
they feel
anxious or
unhappy

How and
why their
bodies are
changing

About privacy,
boundaries
and secrets

Change in
friendships
and families

Keeping
themselves safe
(NSPCC)

Staying
safe online

How to be a
good friend
online and
offline

RSE Curriculum

Key Stage 2 (age 9-11 years)

How babies are
conceived, develop
and born

Different
families and
partnerships

Impact of
social media
on self-
esteem, body
image ...

Different
types of
bullying

Physical and
emotional
changes in
puberty including
periods

Importance
of stable,
loving
relationships

How to
show love
to others

Important
relationships

Keeping
themselves safe
(NSPCC)

How to recognise
healthy and
unhealthy
relationships

LGBT

Lesbian, Gay, Bisexual and Transgender (LGBT)

In teaching Relationships Education and RSE, schools should ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect.

Schools must ensure that they comply with the relevant provisions of the Equality Act 2010, under which sexual orientation and gender reassignment are amongst the protected characteristics.

We expect all pupils to have been taught LGBT content at a timely point as part of this area of the curriculum.

Withdrawal?

There is no right to withdraw from Relationships Education or Health Education.

If you do not want your child to take part in lessons on Sex Education, you can ask that they are withdrawn.

Before doing so, it is important to consider the impact this will have on your child moving up to secondary school and the information their peers will be receiving. The aim of providing the sexual intercourse part of RSE in year 6 is to ensure children are educated to keep themselves safe and healthy.

The science curriculum in all maintained schools also includes content on human development, including **reproduction**, which there is no right to withdraw from.

Science Curriculum - No withdrawal allowed

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- Notice that animals, including humans, have offspring which grow into adults
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

Science Curriculum - No withdrawal allowed

- describe the life process of reproduction in some plants and animals (Pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals).
 - describe the changes as humans develop to old age
- recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function
- recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents

Embarrassed?

Why should we be open about talking about sex and relationships and give children the opportunity to ask questions without feeling ashamed?

This clip is available for free on the BBC and has an age of 9-12 years.

<https://www.bbc.co.uk/teach/class-clips-video/rse-ks2-sex-what-its-all-about/zht8y9q>

Parent Lending Library



Remember it's not really about
Sex...

- Being safe
- Knowing their body
- Being able to say 'no'
- Understanding right and wrong
- Being familiar with their changes
 - Puberty
 - Healthy relationships
 - Keeping themselves healthy
 - Positive self

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